

Catfish and Cornbread Creative Flag Football Tournament

PARTICIPANT WAIVER, RELEASE OF LIABILITY, AND ASSUMPTION OF RISK AGREEMENT

PLEASE READ THIS DOCUMENT CAREFULLY BEFORE SIGNING. THIS IS A LEGALLY BINDING DOCUMENT AND A CONDITION OF PARTICIPATION.

In consideration of being permitted by Catfish and Cornbread Creative (hereinafter referred to as the "Host Organization") to participate in the Flag Football Tournament (hereinafter referred to as the "Event"), I, the undersigned, for myself, my personal representatives, heirs, and next of kin, acknowledge and agree to the following:

1. ACKNOWLEDGEMENT AND ASSUMPTION OF RISK

I am aware and understand that flag football is a contact sport that involves inherent risks of significant and serious injury. These risks include, but are not limited to:

- Physical contact with other players, the ground, and equipment.
- Risks associated with running, jumping, throwing, and catching, which can result in sprains, strains, fractures, and other musculoskeletal injuries.
- Injuries including, but not limited to, broken bones, torn ligaments, concussions, head and neck injuries, paralysis, and even death.
- Risks related to weather conditions, field conditions, and other participants' actions.

I knowingly and freely assume all such risks, both known and unknown, even if arising from the negligence of the Host Organization, its officers, officials, agents, volunteers, employees, other participants, sponsors, or owners of the premises used to conduct the event (hereinafter collectively "Releasees"), and I assume full responsibility for my participation.

2. RELEASE AND WAIVER OF LIABILITY

I hereby **RELEASE, WAIVE, DISCHARGE, AND COVENANT NOT TO SUE** the Releasees from any and all liability, claims, demands, actions, and causes of action whatsoever, arising out of or related to any loss, damage, or injury, including death, that may be sustained by me, or to any property belonging to me, whether caused by the negligence of the Releasees or otherwise, while participating in the Event, or while in, on or upon the premises where the Event is being conducted.

3. INDEMNIFICATION AND HOLD HARMLESS

I further agree to **INDEMNIFY AND HOLD HARMLESS** the Releasees from any loss, liability, damage, or costs, including court costs and attorney's fees, that they may incur due to my participation in the Event, whether caused by my own negligence or the negligence of the Releasees.

4. ACKNOWLEDGEMENT OF PHYSICAL FITNESS AND MEDICAL AUTHORIZATION

I certify that I am physically fit to participate in the Event and have not been advised otherwise by a qualified medical professional. I have no health-related reasons or problems which would preclude my participation in this strenuous physical activity.

In the event of an injury or medical emergency, I hereby grant permission to the Host Organization and its representatives to authorize and obtain any necessary emergency medical treatment for me, including transportation to a medical facility. I agree to be financially responsible for any costs incurred as a result of such treatment.

5. MEDIA RELEASE

I grant the Host Organization the irrevocable right and permission to photograph and/or record me in connection with the Event and to use the photograph and/or recording for all purposes, including advertising and promotional purposes, in any and all media now known or hereafter developed, in perpetuity, without any right of inspection or approval and without any compensation.

6. ACKNOWLEDGEMENT OF UNDERSTANDING

I have read this Waiver, Release of Liability, and Assumption of Risk Agreement, fully understand its terms, and understand that I am giving up substantial rights, including my right to sue. I acknowledge that I am signing this agreement freely and voluntarily, and intend by my signature to be a complete and unconditional release of all liability to the greatest extent allowed by law.

Participant Signature: _____

Printed Name: _____

Date: _____